



USD 270 NEWSLETTER SEPTEMBER 2020





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Thank you!



September 2020 Breakfast

(All menu items are subject to change due to availability)



	1. Breakfast Pizza or Cereal Mandarin Oranges Milk	2. Cereal Choice Toast Peaches Fruit Juice Milk	3. Mini French Toast or Cereal Pineapple Fruit Juice Milk	4. Breakfast Nachos Banana Milk
7. 	8. Breakfast Bites or Cereal Pears Fruit Juice Milk	9. Cereal Choice Apples Fruit Juice Milk	10. WW Banana Mini Loaf String Cheese Stick or Cereal Orange Milk	11. Waffle Sticks Sausage Links or Cereal Peaches Milk
14. Cereal Choice Pears Fruit Juice Milk	15. Oatmeal Breakfast Round or Cereal Pineapple Milk	16. Biscuit Breakfast Sandwich or Cereal Mandarin Oranges Milk	17. Cereal Choice Graham Crackers Tropical Fruit Fruit Juice Milk	18. Yogurt Cinnamon Bread Stick Banana Milk
21. Cereal Bar String Cheese Stick Fruit Juice Peaches Milk	22. Pancake on a Stick or Cereal Applesauce Fruit Juice Milk	23. Breakfast Pizza or Cereal Pineapple Fruit Juice Milk	24. Tac-Go Salsa or Cereal Oranges Fruit Juice Milk	25. Waffle Sticks Sausage Links or Cereal Apples Milk
28. Cereal Choices Pears Juice Milk	29.	30.	“You’ll never be bored when you try something new. There’s really no limit to what you can do.” — Dr. Seuss	

All Menu Items are subject to change. Meals served w/1% White Milk or Skim Chocolate Milk
ALL STUDENTS will be served 1 cup fruit or vegetable or 1/2c 100% fruit juice AND 1/2c fruit or vegetable
ALL BREADS made or served in the USD 270 Kitchen are Whole Grain
This institution is an equal opportunity provider



SEPTEMBER 2020 LUNCH MENUS

(All menu items are subject to change due to availability)

Monday	Tuesday	Wednesday	Thursday	Friday
	1. Chicken Wrap Romaine/Tomato Spanish Rice Steamed Carrots Watermelon Milk	2. Skroodlegetti Peas Garlic Bread Peaches Milk	3. Taco Salad w/WG Chips n Salsa Refried Beans Cinnamon Bun Pineapple Chunks Milk	4. Chicken n Noodles Mashed Potatoes Green Beans Roll Orange Wedges Milk
7. No School	8. Chicken Nuggets French Fries WW Roll Steamed Carrots Tropical Fruit Milk	9. Tomato Soup Fresh Broccoli Toasted Cheese Sandwich Peaches Milk	10. Baked Ham Slice Baked Beans Oven Potatoes Roll Apples Milk	11. Biscuits & Gravy Sausage Patty Tri-Tater Celery Sticks Orange Wedges Milk
14. Turkey n Cheese Sandwich Potato Wedges Broccoli Tropical Fruit Milk	15. Pepperoni Pizza Romaine/Spinach Salad Apples Milk	16. Taco Burger Shredded Romaine Tomatoes Refried Beans Pears Milk	17. Italian Pasta Bake Fresh Gr. Peppers Fresh Baby Carrots Garlic Bread Stick Mandarin Oranges Milk	18. Chicken Pattie Ranch Mashed Potatoes California Blend WW Roll Grapes Milk
21. Beef and Bean Burrito Romaine/Tomato Mexi-Corn Salsa Chips (9-12) Apples Milk	22. Stromboli Squares Broccoli Tater Tots Rosy Applesauce Milk	23. BBQ Beef on a Bun Sweet Potato Puffs Fresh Carrots/Ranch Mandarin Oranges Oatmeal Cookie Milk	24. Flatbread Tacos Romaine & Tomato Black Beans Peaches Milk	25. Country Style Beef Pattie Mashed Potatoes & Gravy Green Beans WW Roll Banana Milk
28. Taco Soup Tortilla Chips Cinnamon Bread Stick Fresh Broccoli Pears Milk	29. WG Corn Dog Italian Pasta Salad Baked Beans Apple Milk	30. Chicken n Noodles Mashed Potatoes Steamed Carrots Roll Tropical Fruit Milk		

All Menu Items are subject to change. Meals served w/1% White Milk or Skim Chocolate Milk
 Extra Milk .40

ALL students will have choices of fruit (K-12)
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SEPTEMBER 2020 - Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		VB vs Smith Center/Trego at Smith Center 5:00 pm		VB vs Thunder Ridge, Northern Valley @ Kensington JHVB vs Norton @ Home 4:30pm JH FB vs Norton @ Home 6:00 pm	FB @ Phillipsburg 7:00 pm	XC @ TMP 9:00 am JH XC @ TMP Invitational 9:00 am
6	7	8	9	10	11	12
	Labor Day NO SCHOOL	Lady Golf @ Goodland 10:00 am VB vs Oakley, Pburg @ Oakley 5:00 pm	FFA Land Judging	VB vs Ellinwood @ Home 4:30pm JH & HS XC @ Webster Lake 4:00 pm JH VB vs Ellis @ Home 4:30 JH FB vs Ellis@ Home 6:00pm	FB @ Oakley 7:00 pm	VB @ Otis/LaCrosse Tournament 9:00 am
13	14	15	16	17	18	19
	BOE Meeting 7:00 pm JH VB Quad @ Pburg 4:00 pm Lady Golf @ Oakley 3:00 pm	VB vs Ellis, Russell @ Home 4:30 pm	FCCLA Planning Mtg @ Pburg FFA Area Land Judging	JH FB@TMP 4:30pm JH VB @ TMP 4:30 pm Lady Golf @ Larned 10:00am XC @ Victoria 4:00 pm	FB vs TMP @ Home 7:00 pm	JH VB Tournament @ Home 9:00 am
20	21	22	23	24	25	26
	Lady Golf @ Russell 3:00 pm	VB vs TMP, Hoxie @ Hays 5:00 pm		JH FB-Hoxie 5:30pm JH VB-Hoxie 4:30pm Lady Golf @ Scott City 1:00 pm XC- Hill City 5:00 pm	FB vs Ell-Saline @Home 7:00pm Homecoming	JV VB Tournament @ Hill City 8:30 am
27	28	29	30			
	Lady Golf @ Lake Barton (Hoisington Invitational) 3:00 pm	Regional STUCO Conference @ Home 8:30 am VB vs Hill City, Norton, Stockton @ Home 4:00 pm	FCCLA Officer Practice @ Pburg 9:00 am			